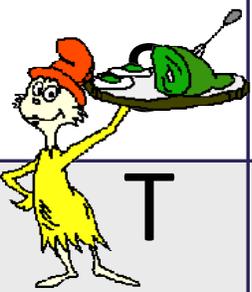


# MARCH 2023

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday																										
<b>B R E A K F A S T</b>	 <b>1</b> Cheese Toast (WG) Diced Peaches Milk	 <b>2</b> Oatmeal (WG) Applesauce Milk	<b>3</b> Kix (WG) Bananas Milk	<b>4</b>	<b>5</b>	<b>6</b> Cheerios Diced Pineapples Milk	<b>7</b> Waffles Tropical Mix Fruit Milk	<b>8</b> English Muffins Peaches Milk	<b>9</b> Cheese Grits Pineapples Milk	<b>10</b> French Toast (WG) Applesauce Milk	<b>11</b>	<b>12</b>	<b>13</b> Kixs Mixed Fruit Milk	<b>14</b> Waffles Strawberries Milk	<b>15</b> Cinnamon Toast (WG) Mix Fruit Milk	<b>16</b> Oatmeal (WG) Pineapple Milk	<b>17</b> Rice Crispiest Bananas Milk	<b>18</b>	<b>19</b>	<b>20</b> (Cheerios (WG) Mandarin Oranges Milk	<b>21</b> Pancakes Tropical Fruit Milk	<b>22</b> English Muffins Peaches Milk	<b>23</b> Cheese Grits Tropical Fruit Milk	<b>24</b> Waffles Strawberries Milk	<b>25</b> 	<b>26</b> 	<b>27</b> Special K Mixed Fruit Milk	<b>28</b> Cheese Toast (WG) Mandarin Oranges Milk	<b>29</b> Biscuits Peaches Milk	<b>30</b> Oatmeal(WG) Applesauce Milk	<b>31</b> Cheerios (WG) Pineapples Milk	<b>Notes:</b> Fat-Free or 1% milk is served with every meal. Whole milk is served to one-year old's. Milk substitutes are made upon doctor's request.
	<b>This institution is an equal opportunity provider</b>																															
	<b>All cereal is wic approved</b>																															