


NOVEMBER 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	1 Beef Turkey Hamburgers French Fries Mandarin Oranges Buns Milk	2 Diced Chicken Rice /Green Beans Mixed Fruit Whole Wheat Bread Milk	3 Beef /Turkey Tacos Pinto Beans Peaches Tortilla Shells Milk	4 Chicken Strips Lima Beans Yams Whole Wheat Rolls Milk	5 Grill Chicken Alfredo Pasta Sweet peas Pineapples Milk	6
7 L	8 Sliced Turkey Carrots Sliced Apples Whole Wheat Bread Milk	9 Retro TV Dinner Chicken Nuggets Macaroni Cheese Peas &Carrots Stewed Apples Milk	10 Fish Nuggets Baked Beans Applesauce Whole Wheat Bread Milk	11 Center-Close 	12 Beef -a roni Macaroni Peas Applesauce Milk	13
14 U	15 Dice Chicken Pasta Yams Sweet peas Milk	16 Cheeseburgers Baked Beans French Fries Whole Wheat Buns Milk	17 Tacos Corn Mandarin Oranges Whole Wheat Tortilla Milk	18 Chicken Strips Pasta Salad Sweet Peas Applesauce Milk	19 Turkey Cheese Sliders Tomato Soup Slice Apples Rolls Milk	20
21 N	22 Beef Sloppy Joes Carrots Slice Apples Whole Wheat Buns Milk	23 Chicken Nuggets Mashed Potato's Mandarin Oranges Whole Wheat Bread Milk	24 Diced Chicken Rice Yams Green Beans Milk	25 Center Close 	26 Center Close	27
28 C	29 Beef/Turkey Lazy Lasagna Soup Corn Mandarin Oranges Milk	30 Beef /Turkey Meat balls Rice /Gravy Peas Pineapples Milk				
31 H 		This Institution is an equal opportunity provider			Notes: 1%ar and fat free milk serve with every meal. Ones ' are served whole milk and 1 milk substitutes are made upon Doctor's Request.	