


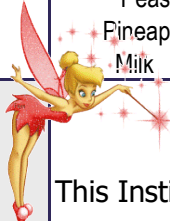


OCTOBER 2021

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
					1 Marconi Cheese w/ Diced Ham Peas & Pineapples Whole Wheat Bread Milk	2
3 L	4 Chicken Salad Croissant Carrots Slice Apples Milk	5 Chicken Nuggets Mashed Potato's Mandarin Oranges Whole Wheat Bread Milk	6 Fish Nuggets Baked Beans Applesauce Whole Wheat Bread Milk	7 Retro TV Dinner Macaroni /Cheese Salisbury Steak Stewed Apples Green Beans/ Milk	8 Grilled Chicken Alfredo Pasta Sweet Peas Strawberries Milk	9
10 U	11 Dice Chicken Pasta Yams Sweet peas Milk	12 Cheeseburgers Baked Beans French Fries Whole Wheat Buns Milk	13 Tacos Corn Mandarin Oranges Whole Wheat Tortilla Milk	14 Chicken Strips Pasta Salad Sweet Peas Applesauce Milk	15 Turkey Cheese Sliders Tomato Soup Slice Apples Rolls Milk	16
17 N C	18 Beef Sloppy Joes Carrots Slice Apples Whole Wheat Buns Milk	19 Chicken Nuggets Mashed Potato's Mandarin Oranges Whole Wheat Bread Milk	20 Diced Chicken Rice Yams Green Beans Milk	22 Spaghetti /sauce Fish Sticks Green Beans Peaches Milk	22 Grilled Chicken Alfredo Pasta Sweet Peas Strawberries Milk	23
24 C H	25 Beef/Turkey Lazy Lasagna Soup Corn Mandarin Oranges Milk	26 Beef /Turkey Meat balls Rice /Gravy Peas Pineapples Milk	27 Fish Nuggets Baked Beans Applesauce Whole Wheat Bread Milk	28 Chicken Strips Pasta Salad Sweet Peas Applesauce Milk	29 Turkey Whole Wheat Bread Carrots Apple Slices Milk	30 
31 	 <p>This Institution is an equal opportunity provider</p>				Notes: 1% or fat free milk served with every meal. Whole milk is served to one year olds Milk substitutes are made upon doctor's Request.	